

# KWON'S TAE KWON DO

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\*\*\*Students MUST Memorize\*\*\*

Number in KOREA		Korean Terms	
1 - Hana	6 - Yeo Sut	Kam Sa Ham Ni Da	- Thank you
2 - Dool	7 - Il Gop	An Nyung Ha Se Yo?	- How are you?
3 - Set	8 - Yeo Doul	Sa Bum Nim	- Master
4 - Net	9 - Ah Hop	Cha Ryeot	- Attention
5 - Dah Sut	10 - Yeol	Kyeong Nae	- Bow
		Joon Bee	- Ready
		Shi Jax	- Begin
		Ba Ro	- Return
		An Nyung Hi Gei Sheep Si Yo	- Good Bye
		What do we learn at Kwon's?	- Tae Kwon Do

Effective: 02/06/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Focus	Confidence	Respect	Cooperation	Leadership	Patience
Private Lesson						8:20am – 8:50am 8:50am – 9:20am <b>Appointment only</b>
Sparring Class						12:00pm – 1:00pm
All Belts & Family		4:40pm – 5:20pm		4:40pm – 5:20pm	4:40pm – 5:20pm 5:20pm – 6:00pm	09:30am – 10:10am 10:40am – 11:20am
Little Tigers (Ages 3 to 5)	4:40pm – 5:10pm	5:20pm – 5:50pm	4:40pm – 5:10pm	5:20pm – 5:50pm	<b>Make up Promotion Test</b> 6:10pm – 7:00pm <b>Reserved only</b> <b>Special Training Seminars Events</b> (Nerf War Night, Movie Night, Fun Night Etc.)	10:10am – 10:40am
White & Yellow	5:10pm – 5:50pm	5:50pm – 6:30pm	5:10pm – 5:50pm	5:50pm – 6:30pm		<b>Birthday Parties Available</b>
Orange to Purple	6:30pm – 7:10pm	5:50pm – 6:30pm	6:30pm – 7:10pm	5:50pm – 6:30pm		1:00pm – 2:30pm
Blue to Black Belt	5:50pm – 6:30pm	6:30pm – 7:10pm	5:50pm – 6:30pm	6:30pm – 7:10pm		<b>Reserved only</b>
Black Belts	7:10pm – 7:50pm		7:10pm – 7:50pm			11:20am – 12:00pm
Teen & Adult (Age 12 & up)	7:50pm – 8:30pm	7:10pm – 7:50pm	7:50pm – 8:30pm	7:10pm – 7:50pm		11:20am – 12:00pm

## New Covid-19 Related Rules for Class Attendance

We appreciate your patience during the pandemic. To ensure the safety of our students and families, please follow the procedures below for classes.

1. If you are feeling sick or have a temperature, stay home and rest. Students must be fever free for 24-hour before returning to class.
2. Sanitize hands before and after class
3. **Siblings of any belt levels (except Little Tigers) may take class together during either the White to Purple or Blue & Up classes.**
4. **Bring your own water bottle.**
5. **No waiting after class. (Parents must pick up on time!)**
6. All Private Lessons and Special Events **MUST** be reserved in advance, some will have an additional cost.