

KWON'S TAE KWON DO

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*****Students MUST Memorize*****

Number in KOREA		Korean Terms	
1 - Hana	6 - Yeo Sut	Kam Sa Ham Ni Da	- Thank you
2 - Dool	7 - Il Gop	An Nyung Ha Se Yo?	- How are you?
3 - Set	8 - Yeo Doul	Sa Bum Nim	- Master
4 - Net	9 - Ah Hop	Cha Ryeot	- Attention
5 - Dah Sut	10 - Yeol	Kyeong Nae	- Bow
		Joon Bee	- Ready
		Shi Jak	- Begin
		Baro	- Return
		An Nyung Hi Gei Sheep Si Yo	- Goodbye
		What do we learn at Kwon's?	- Tae Kwon Do

Effective: 4/15/2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Focus	Confidence	Respect	Cooperation	Leadership	Patience
Leadership						
Demo Team						9:00am – 9:50am
Sparring Team			6:50pm – 8:10pm		5:30pm – 7:00pm	(Leadership) SBD Level up can join
All Belts & Family		4:20pm – 5:00pm		4:20pm – 5:00pm	4:30pm – 5:10pm	10:00am – 10:40am 11:10am – 11:50am
Little Tigers (Ages 3 to 5)	4:20pm – 4:50pm	5:00pm – 5:30pm	4:20pm – 4:50pm	5:00pm – 5:30pm		10:40am – 11:10am
White & Yellow	6:10pm – 6:50pm		5:30pm – 6:10pm			Birthday Parties Available After 12 PM Reservation only
Orange to Purple	4:50pm – 5:30pm	5:30pm – 6:10pm	4:50pm – 5:30pm	5:30pm – 6:10pm		
Blue to SBD	5:30pm – 6:10pm	6:10pm – 6:50pm	6:10pm – 6:50pm	6:10pm – 6:50pm		
Black Belts	6:50pm – 7:30pm	7:30pm – 8:10pm		7:30pm – 8:10pm		
Black Belt & Teen & Adult (Age 12 & up)	7:30pm – 8:10pm	6:50pm – 7:30pm		6:50pm – 7:30pm		

Rules for Class Attendance

We appreciate your patience during the pandemic. To ensure the safety of our students and families, please follow the procedures below for classes.

1. If you are feeling sick or have a high temperature, stay home and rest. Students must be fever free for 24-hour before returning to class.
2. Sanitize hands before and after class.
3. **Siblings of any belt levels (except Little Tigers) may take class together during either the White to Purple or Blue & Up classes.**
4. **Bring your own water bottle.**
5. **No waiting after class. (Parents must pick up on time!)**
6. All Private Lessons and Special Events **MUST** be reserved in advance, some will have an additional cost.