

KWON'S TAE KWON DO

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*****Students MUST Memorize*****

Number in KOREA		Korean Terms	
1 - Hana	6 - Yeo Sut	Kam Sa Ham Ni Da	- Thank you
2 - Dool	7 - Il Gop	An Nyung Ha Se Yo?	- How are you?
3 - Set	8 - Yeo Doul	Sa Bum Nim	- Master
4 - Net	9 - Ah Hop	Cha Ryeot	- Attention
5 - Dah Sut	10 - Yeol	Kyeong Nae	- Bow
		Joon Bee	- Ready
		Shi Jax	- Begin
		Ba Ro	- Return
		An Nyung Hi Gei Sheep Si Yo	- Good Bye
		What do we learn at Kwon's?	- Tae Kwon Do

Effective: 09/07/2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Focus	Confidence	Respect	Cooperation	Leadership	Patience
Private Lesson						8:20am – 8:50am 8:50am – 9:20am
All Belts					4:40pm – 5:20pm 5:20pm – 6:00pm	09:30am – 10:10am 10:40am – 11:20am
Little Tigers (Ages 3 to 5)	5:00pm – 5:30pm	5:00pm – 5:30pm	5:00pm – 5:30pm	5:00pm – 5:30pm	Special Training Seminars Events (Promotion Test, Ner War Night, Movie Night, Fun Night Overnight Etc.)	10:10am – 10:40am
White to Purple	5:30pm – 6:10pm	6:10pm – 6:50pm	5:30pm – 6:10pm	6:10pm – 6:50pm		12:00pm – 1:00pm
Blue & up	6:10pm – 6:50pm	5:30pm – 6:10pm	6:10pm – 6:50pm	5:30pm – 6:10pm		Demo Team
Black Belts	6:50pm – 7:30pm	6:50pm – 7:30pm	6:50pm – 7:30pm	6:50pm – 7:50pm		11:20am – 12:00pm
Teen & Adult (Age 12 & up) Black Belts	7:30pm – 8:10pm	7:30pm – 8:10pm	7:30pm – 8:10pm	Sparring Team		

New Covid-19 Related Rules for Class Attendance

We appreciate your patience during the pandemic. To ensure the safety of our students and families, please adhere to the procedures for classes.

1. Temperature will be taken prior to entering the Dojang.
2. If you are feeling sick or have a temperature, stay home and rest. Students must be fever free for 24-hour before returning to class.
3. Sanitize hands before and after class
4. Sparring Team and Demo Team have an additional cost.
5. Siblings of any belt levels (except Little Tigers) may take class together during either the White to Purple or Blue & Up classes.
6. Bring your own water bottle.
7. No waiting after class. (Parents must pick up on time!)
8. Face Coverings are STRONGLY encouraged
9. All Private Lessons and Special Events MUST be reserved in advance, some will have an additional cost.